

2017 Pledge Form

Name: _____ Phone Number: _____
 Email: _____ Address: _____
 City/Prov: _____ Postal Code: _____
 Run Location: Parkinson Recreation Centre Rail Trails Team: _____

IMPORTANT INFORMATION – PLEASE READ
 1. Bring pledge sheet(s) to event – completed pledge sheet(s) and funds may be submitted at that time at the registration table.
 2. Please make cheques payable to the Central Okanagan Elizabeth Fry Society.
 3. You must register for this event at **CanadaHelps.org** or **Empowerific.com** before a pledge sheet is issued – please visit canadahelps.org to register.
 4. Donations over \$20.00 will receive a receipt.

		AMOUNT COLLECTED	
NAME:	PHONE NO.		<input type="checkbox"/> Cash
ADDRESS:	CITY: POSTAL CODE:		<input type="checkbox"/> Cheque
Email:	I would like to receive email updates from the Elizabeth Fry Society <input type="checkbox"/> Yes <input type="checkbox"/> No		
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TOTAL
\$

✚ Ask your company for a CORPORATE donation.

✚ If your company donation didn't happen, perhaps they will MATCH what you fundraise!

And don't forget there are so many more people you can ask for support. **Who on this list will you be approaching this year?**

- | | | |
|--------------|--------------------|-----------------|
| Parents | Neighbours | Dentist |
| Grandparents | Accountant | Dietician |
| Siblings | Fitness Instructor | Doctor |
| Dog Walker | Aunts/Uncles | Babysitter |
| Electrician | Bartender | Cousins |
| Gardener | Financial Planner | College Friends |
| Butcher | Optometrist | Teachers |
| Teammates | Chiropractor | Vet |

Contact Us:

The Central Okanagan Elizabeth Fry Society
 280-1855 Kirschner Road V1Y 4N7
 Phone: 250-763-4613
 Email: fdc.efry@empowerific.com
www.empowerific.com



You Make This Possible

The mission of the Central Okanagan Elizabeth Fry Society is to support and empower those affected by sexual abuse, exploitation or violence in a relationship. Here are only a few of the programs that are made possible thanks to your generosity:

- Specialized Victim Assistance
- Women's Outreach Counselling
- Sexual Assault Counselling Centre
- Women's Community Justice Program
- Resource Centre
- Beginnings Group for Women
- Girls United
- Tough Guide